

# Feel Good Fridays!

TRY - GYM, SWIM, CURLING  
BADMINTON & SHORT TENNIS  
*FOR THE OVER*

# 50's

Starts Friday 2<sup>nd</sup> September  
3.00 – 5.00 pm Cost £2.50  
At Lochgelly High School – PE Block

Join us for some fitness, fun and the opportunity to chat community safety with your local police officers over tea and biscuits!

Lochgelly Community Use: 01592 583493

